



**(ESTD 1995)**

**Essex Div 3 CHAMPIONS 03/04  
EC5 CHAMPIONS 96/97. EC4S CHAMPIONS 98/99.  
Runners-up 97/98 and 00/01**

**Press Release – 26<sup>th</sup> August, 2004**

***MILLWALL RUGBY YOUTH SESSIONS RESTART SOON - HELP NEEDED***

Millwall Rugby Club, based on the Isle of Dogs is looking for parents & volunteers to help out with our brand new youth section.

With the support of our club sponsors, Canary Wharf Plc, the Millwall youth section caters for children between the ages of 8 and 17. We welcome everyone who wants to play rugby, beginner to expert.

We are looking for Team Managers, a General Secretary and people to help out at our Sunday training sessions. Volunteers only have to commit to what ever they can but with your help, we can all encourage local children to play rugby for their local club.

Training sessions start on Sunday 12th September, from 12 noon to 1:30pm.

If you are interested in helping out or have children who would like to be involved with Millwall Rugby Club, please contact Jamie Rockman on 07782 153651 or email him on [youth@millwallrugby.com](mailto:youth@millwallrugby.com)

You could help out in growing this important new section of your local rugby club.

**Note to editors:**

For further details please contact Matthew Shorrock, Millwall RFC Press Officer, 07890836958 or [pressofficer@millwallrugby.com](mailto:pressofficer@millwallrugby.com)