



**(ESTD 1995)**

**Essex Div 3 CHAMPIONS 03/04  
EC5 CHAMPIONS 96/97. EC4S CHAMPIONS 98/99.  
Runners-up 97/98 and 00/01**

**Press Release – 12<sup>th</sup> September, 2004**

### ***WWW for Millwall***

Millwall got their season back on track on Saturday when all three senior teams recorded victories.

The first team stormed their way to a 31-17 victory over Burnham –on –Crouch in their opening league match of the season. Meanwhile the Llamas continued their good form with a 17-5 win over Thames RFC in the first round of the Essex Second Team Cup.

Millwall Thirds got their first victory of the new season by default, when their opponents East London failed to field a full team.

Following a disappointing loss last week, Millwall's first team needed a positive start to their league season.

The importance of the home match exemplified by the presence of Club President Jim Fitzpatrick MP, Millwall's sponsors Canary Wharf Plc and a large, enthusiastic crowd of supporters.

They were rewarded with an excellent display of running rugby from Millwall's three-quarters, running in five tries against solid Burnham opposition.

Man of the match Bennie van der Westhuizen scored two tries in his debut for the Isle of Dogs club while George Sobek, Paul Spendiff & Louis Newton scored one each. Fullback Nick Tiffin converted three out of five conversions.

Meanwhile across town, the Llamas piled on the points in the second half after training 5-0 at the break on the back of Don Sutherland's deep kicking game and some bustling runs by loose forward Wi Rapwhenua. Rapwhenua's big impact won him joint man of the match with winger Neil Rice.

Sutherland & Rapwhenua bagged tries for Millwall along with Eben Beetge. Sutherland managed two out of three conversions. The win allows the Llamas to progress to the next round Essex second team cup.

Club Captain Eoin O'Connor was extremely proud of the club's results.

"With the 1st XV getting off to an excellent start in Essex two and the Llamas coming home from Thames with a Cup victory under their belt, it was a good day for Millwall RFC."

Millwall will hope the good results can continue when the 1st XV face Old Brentwoods in the first round of the Powergen Junior Vase. The Llamas take on East London three's and the 3rd XV travel to Southend, both for Merit Table fixtures.



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Millwall are always welcoming new players to the club and anyone interested in joining should contact Kevin Doherty on 07939252002 or email [kev@millwallrugby.com](mailto:kev@millwallrugby.com)

**Note to editors:**

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